# The National Alliance Receives New Funding to Incorporate Mental Health Transition into Maryland High Schools

### Press Release Date: November 16, 2020

The National Alliance to Advance Adolescent Health has been awarded a new grant from the Maryland Department of Health's Office for Genetics and People with Special Health Care Needs to improve the transition of students with mental health conditions served by school mental health programs using Got Transition's Six Core Elements of Health Care Transition.

The National Alliance will partner with the University of Maryland's Prince George's School Mental Health Initiative (PGSMHI) to create and to pilot a mental health transition change package that will be incorporated into four PGSMHI high school programs for students with emotional and behavioral health needs. The National Alliance will also collaborate with the Maryland Coalition for Families to offer education and training to youth, young adults, parents, and caregivers on evidence-informed mental health transition.

This effort offers a unique and collaborative opportunity to support a group of predominantly African American students in advance of their exit from high school to gain health literacy and self-care skills, stay connected to both mental and medical care, equip them with their own wellness plan, and help them to identify adult mental health and medical providers.

For more information about this grant, please contact Samhita Ilango at silango@thenationalalliance.org.

\*

#### **About The National Alliance to Advance Adolescent Health**

<u>The National Alliance to Advance Adolescent Health</u> is a nonprofit organization whose mission is to achieve long-term, systemic improvements in comprehensive health care and insurance coverage for adolescents. The National Alliance works to promote effective transitions from pediatric to adult health care as part of its <u>Got Transition</u> program.

## About the University of Maryland's Prince George's School Mental Health Initiative

The goal of the <u>University of Maryland-Prince George's School Mental Health Initiative</u>, which is affiliated with the National Center for School Mental Health at the University of Maryland School of Medicine in the Department of Psychiatry, is to provide an integrated model of mental health services in the least restrictive setting to students with emotional/behavioral health needs who are in special education.

#### **About the Maryland Coalition of Families**

<u>The Maryland Coalition of Families</u> helps families who care for someone with behavioral health needs. Using personal experience as parents, caregivers, youth and other loved ones, we connect, support and empower Maryland's families. Our staff provide one-to-one support to parents and caregivers of young people with mental health issues and to any loved one who cares for someone with a substance use or gambling issue.

About the Maryland Department of Health's Office for Genetics and People with Special Health Care Needs The Office for Genetics and People with Special Health Care Needs serves over 240,000 children and youth in the State of Maryland. Their mission is to ensure a comprehensive, coordinated, culturally effective, and consumer-friendly system of care that meets the needs of Maryland's Children and Youth with Special Health Care Needs and their families.

